



## Semana Real: The most anticipated week of the school year!

By Isabella Córdoba



During the week of October 28<sup>th</sup> our school will be celebrating the much anticipated “Semana Real”, or “Royal Week”. Our teachers and schoolmates from 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> grade have been working very hard to create an amazing week for the entire school. Various students working on the event were interviewed and commented that there will be a number of indoor as well as outdoor activities for all the students

from Pre-K up to 9<sup>th</sup> grade! Although, they have said that it has been a stressful week overall, it has also been fun and nice to work on the different tasks, like rallies, cutting pictures, murals, etc. Royal Week was organized by different teams, the red team, blue team, black team, and white team. These teams, led by teachers, had approximately 13 high school students who helped in the organization of the week.

From the beginning of the year everyone has been waiting for this exciting week, and now we can finally celebrate it for the first time.



Students and teachers working together in the library!

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## What does Team Work really mean?

by Prof. Yiannis Gleglés

Group work, projects, exams... We have all participated in so many group activities and will continue to do so in countless ones during our lifetime. However, in order for a team effort to be fruitful, the team members have to agree on a minimum set of principles. They have to:



- share a common goal
- cooperate and support each other
- look for what is best for the “team” and not for the individual .....
- contribute to the team’s success with their knowledge, skills and abilities
- maintain honest and continuous communication among themselves

Team work doesn’t mean avoiding doing the work; it simply means working as part of a group!

**T**ogether  
**E**veryone  
**A**chieves  
**M**ore

## Fighting Insecurity

by Lía Quijano

When we think of insecurity we may think about that feeling of lacking confidence and not being sure of your own abilities or if whether people like you, but what is the biggest reason of insecurity? The biggest reason of insecurity is that we live in a world with fear of judgment. Everyone has felt insecure at some point in their lives. Although we think we have total confidence, it is a feeling that we cannot avoid. It can be so easy to be insecure. To feel like there is something wrong with us, to feel that lack of confidence. We often think if because of who we are, that it’s our personality, that it’s because we don’t know how to do something, or because we don’t measure up to

others. I think that we should be more confident with ourselves, and stop thinking about what people think about us. There are several causes of insecurity: fear, feel ashamed, being negative, being unconfident, not being accepted or being bullied. I accept that I have felt insecure sometimes and I am sure that I am not the only one that has gone through this feeling, but we have to try to get over it. We have to believe in ourselves, we have to be more confident. Because live gives you tons of opportunities, but at the end you are the one who decides if you will take it or not . Don’t let insecurity stop you from trying new things. Just love yourself and be who you really are.

# Let's go Clubbing!!

By Ana V. Quesada



This year two new clubs were added and gave us the opportunity to learn more about robotics and photography. We interviewed some students and learned about some exciting upcoming events. The members of the Robotics Club have been preparing for a competition that will take place on November 14th. As one student commented, "The Robotics Club is preparing for the most important national robotics competition, Robocup Jr. We hope to be the best robotics

club at a national level and our goal is to be able to compete internationally." In addition, the Photography Club, has prepared an exhibit which can be admired at the library during Royal Week. So, if you want to join one of these new clubs, just make sure to contact teachers Sebastian Lozano, and Bernardino Tejada, or Carolina Sanchez. They'll be more than willing to answer all your questions. From all of us, our best wishes to our Robotics Club on their upcoming competition!



## ROYAL SPORTS

By Alessandra Rissi



Our Real teams have always made us proud to be LIONS, by demonstrating the true spirit of athleticism.

Our amazing teams have achieved many goals and with our support, will continue to do so in the future.

**GO LIONS!**



LIONS SPORTS

## This Week in History

**October 28, 1636** – Harvard University, the oldest institution of higher learning in America, was founded in Cambridge, Massachusetts.

**October 29, 1929** - The stock market crashed as over 16 million shares were dumped amid tumbling prices. The Great Depression followed in America, lasting until the outbreak of World War II.

**October 30, 1960** - The first successful kidney transplant is performed in the UK.

**October 31, 1964** - The Berlin wall was opened up for the second time yesterday for West Germans to visit relatives in East Germany and by nightfall 20,000 had passed through the communist controls.

**November 1, 2006** – A drip painting by Jackson Pollock was sold for about \$140 million.

**And remember... learning is FUN!**

**By Gabriela Barrera**

## Searching for our values

There are 20 values in this search! Can you find them?

U N G R M L R J F J Q P D J O X M I A R  
 R J R O W O P C R B Y C J K A H H Z B X  
 G K A A U V A U I C O H G T F Y H R F P  
 E N T K Q E T R E Z V P T M X S E E I R  
 Z O I T A U I I N G D Y A A U S O C D A  
 U I T U G E E O D T K A Y M P D O N P Z  
 A T U R I I N S S X H R N O F M K A U A  
 A A D U G A C I H E E D N E C T E R K V  
 H Z E K L S E T I S E S C H M T N E Q M  
 I I U F E F Q Y P D I N I Y E H I L I P  
 Q N W M K N P E I B E F P A C O M O X F  
 B A N X Q R C C I I A N M V Z L S T J F  
 S G G Z T T A L D G J W T S K Q Q D K O  
 B R Q B E T I E Y D O I N T E G R I T Y  
 A O Q D I T B C F R U F J X G E V P G B  
 O X A O Y O K X K M O T I V A C I ó N W  
 Z R N P U K I N D N E S S L B O F O H O  
 M L P K E G A R U O C V H O N E S T Y H  
 G R A T I T U D E M H N D D R C V C L G  
 K M D J A U N U S I V K W Z K P B Z O H

### DATES TO REMEMBER

**November 3:**  
Separation from  
Colombia

**November 4:**  
Patriotic Symbols

**November 5**  
**Colon Day**

**Nov. 10:**  
First Cry of  
Freedom  
(Uprising in the  
Villa de Los Santos  
against Spain)

**Nov. 28:**  
Independence from  
Spain



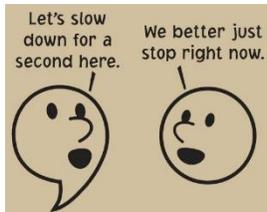
KINDNESS  
RESPECT  
CURIOSITY  
TEAMWORK  
ORGANIZATION  
GRATITUDE

EMPATHY  
GRATITUDE  
TOLERANCE  
PATIENCE  
RESPONSIBILITY  
INTEGRITY

LOVE  
COURAGE  
HONESTY  
OBEDIENCE  
FRIENDSHIP  
DEDICATION

### Sudoku

			4	2			
2		9				3	1
	8						7
			5	6			
9							4
7	1		8	3		2	6
				6			
	9			7			3
	4	7		8		5	6



**Did you hear about  
the restaurant  
on the moon?**

Great food,  
no atmosphere.